



just 10 minutes

Song Card Notebook

www.justtenminutes.org



I can choose a fun dance move to add to our game.

LYRICS

Oliver Twist, you can't do this so what's the use in trying?

Touch your knees, touch your toes,

Clap your hands and around we go!



ACTIVITY

Play this fun movement game with your child by standing to face them as you model different large body motions for the lyrics: “**Oliver Twist, you can't do this so what's the use in trying?**”

Give your child opportunities to practice many different moves before you ask them to contribute one. You can stomp feet, jump, kick one foot or alternate kicking feet, twist, wave your hands over your head . . . and many more! Use different levels and body parts.

Creativity does not spring from a blank page. Children need a variety of experiences and ideas to create. Give them a repertoire of motor movements over time, and then it is time to ask: what fancy move shall we do next?

Notice how the parent in the video follows her child's lead and slows down her singing to match her daughter's moves. This is a beautiful example of following a young child's lead!



Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.



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Character Song Card

Oliver Twist

Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.



Oliver Twist



Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:

As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:

This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:

Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.





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More Magic Awaits!

Stay connected with us and discover the next moments of fun, creativity, and joy.

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