



just 10 minutes

Song Card Notebook

www.justtenminutes.org

Ring Around the Rosie



Learner Goals

I can practice my motor coordination as I play a musical game.

LYRICS

Ring around the Rosie, pockets full of posies.

Ashes, ashes, we all fall down!

ACTIVITY

Hold hands and walk in a circle as you sing this familiar Mother Goose rhyme. When you sing “we all fall down,” gently “fall” to the ground. Then, get back up and repeat the game again! Model how to fall in a controlled way so that family members are aware of the safety of others.

The playful nature of the song is certain to produce giggles and joy for all participating. Your child loves to see you get in touch with your inner toddler and play right along with them, so make sure you share your enjoyment with them.

Young children love often repeated and predictable games. You are increasing the brain benefits of this simple song when you sing and coordinate your motor motions simultaneously.

The physical touch and positive memory of your play will also benefit all who join your “ring”!

Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.



Character Song Card

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Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.



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Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:

As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:

This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:

Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.





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More Magic Awaits!

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