



just 10 minutes

Song Card Notebook

www.justtenminutes.org

Teddy Bear, Teddy Bear



Learner Goals

I can follow directions for motor motions.

LYRICS

Teddy Bear, Teddy Bear, turn around.

Teddy Bear, Teddy Bear, touch the ground.

Teddy Bear, Teddy Bear, show your shoe.

Teddy Bear, Teddy Bear, that will do.

Teddy Bear, Teddy Bear, go upstairs.

Teddy Bear, Teddy Bear, comb your hair.

Teddy Bear, Teddy Bear, turn off the light.

Teddy Bear, Teddy Bear, say good night! *Good night!*

ACTIVITY

Watch the video to learn the song and moves, so you can sing and dance along with your child.

You can add more lyrics for motor motions you create if you like.

You can also sing directions to make following your daily routines fun. "Teddy Bear, Teddy Bear, find your shoes" or "Teddy Bear, Teddy Bear, pick up toys!" You can finish your special version with: "Teddy Bear, Teddy Bear, way to go!"

Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.



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Character Song Card

Teddy Bear Teddy Bear

Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.



Teddy Bear, Teddy Bear



Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:

As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:

This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:

Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.



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More Magic Awaits!

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