



just 10 minutes

Song Card Notebook

www.justtenminutes.org

One, Two, Three, Four, Five, Once I Caught a Fish Alive



Learner Goals

I can isolate my fingers to imitate your fine motor motions.

LYRICS

One, two, three, four, five. Once I caught a fish alive.
Six, seven, eight, nine, ten. Then I let it go again.

Why did you let it go? Because it bit my finger so.
Which finger did it bite? This little finger on my right.



ACTIVITY

One of a toddler's greatest challenges is isolating their fingers to show the numbers one through five. Especially problematic is "two" because a child must hold their fourth and fifth fingers to isolate their first and second fingers. Showing "three" is also tricky because a child must hold their fourth and fifth fingers down as they hold their other fingers up. Whew!

Sing the song S-L-O-W-L-Y and at the same pace as your child can form each number you sing. Model each motor motion of your fingers slowly so your child can follow the exact path of your motion. You will likely be the only one singing until they are able to master the motor motions and then add the lyrics!

Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.



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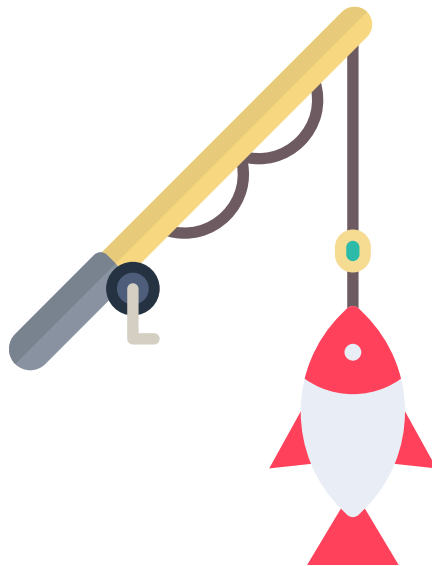
Character Song Card

12345 Once I Caught a Fish Alive

Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.



12345 Once I Caught a Fish Alive



Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:

As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:

This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:

Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.





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More Magic Awaits!

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