



just 10 minutes

Song Card Notebook

www.justtenminutes.org

Baby Birdie



Learner Goals

I can pretend to be a baby birdie as listen to or sing a song.

LYRICS

Here's a baby birdie. He's hatching from his shell.

Out comes his head and then comes his tail.

Now his legs he stretches. His wings he gives a flap.

Then he flies and flies and flies. Now what do you think of that?

Down, down, down, down, down, down, down . . . BOOM!

ACTIVITY

We love this song for all the birdies in your family's "nest". You can pretend to be baby birdies and do all the things they do: climb out of your shell, stretch your wings, flap, and fly! You can even gradually crouch down at the end and sit on your bottom with a BOOM as you land on the ground.

There is a subtle but wonderful musical parallel between the melody and actions of our song. The melody ascends step-by-step as you climb out of your shell and practice flying. The melody descends "down, down, down" as you crouch again and land on the ground.

Add the signed word for BIRDIE by opening and closing your pointer and thumb to form a beak in front of your lips.

Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.



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Character Song Card

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Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.



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Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:

As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:

This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:

Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.





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More Magic Awaits!

Stay connected with us and discover the next moments of fun, creativity, and joy.

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Watch the Videos

 justtenminutes.org/category/music-mondays

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