



just 10 minutes

Song Card Notebook

www.justtenminutes.org

Over the River and through the Woods



Learner Goals

I can sing a fun song as a family routine.

LYRICS

Over the river and through the woods
To grandmother's house we go!
The horse knows the way to carry the sleigh
Through white and drifted snow.
Over the river and through the woods,
Oh, how the wind does blow.
It stings the toes and bites the nose
As over the ground we go.



ACTIVITY

Young children anticipate with glee a trip to their grandparent's house. Whether taking an annual family holiday trip or heading to a grandparent's house for a weekly play date, this fun song is a great way to help your child transition from one home to another. The imagery of a sleigh ride adds an element of pretend play your child will love!

You can sing a "bounce" version of this song by placing your child in your lap facing you. Sing the song as you hold your child's hands and gently bounce them on your lap to the rollicking beat.



Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.

Character Song Card

Over the River and Through the Woods

Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.



Over the River and Through the Woods



Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:

As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:

This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:

Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.





just 10 minutes

More Magic Awaits!

Stay connected with us and discover the next moments of fun, creativity, and joy.

Connect With Us On Social Media:

-  [just10minutesfamily](https://www.facebook.com/just10minutesfamily)
-  [justtenminutesfamily](https://www.instagram.com/justtenminutesfamily)

Explore More Music Fun:

Watch the Videos

-  [justtenminutes.org/category/music-mondays](https://www.justtenminutes.org/category/music-mondays)

Download Song Cards

-  [justtenminutes.org/music-monday-song-cards](https://www.justtenminutes.org/music-monday-song-cards)