



just 10 minutes

Song Card Notebook

www.justtenminutes.org

Che Che Koolay



Learner Goals

I can listen and imitate the motor motions of my caring adult.

LYRICS

Che Che Koolay (Che Che Koolay) *Pat head*

Che Che Kofisa (Che Che Kofisa) *Pat shoulders*

Kofisa Langa (Kofisa Langa) *Place hands on hips and dance*

Kaka Shi Langa (Kaka She Langa) *Pat knees*

Kum Aden Nde (Kum Aden Nde) *Bend down to pat toes*

Kum Aden Nde, HEY! *Shoot both hands into the air on "HEY!"*

ACTIVITY

This Ghanaian folk tune is a call-and-response song. The leader (or caring adult) sings a phrase, and the group (or your child) echoes the words back. The movements are the important part and are included in italics with the lyrics above.

Do each motion rhythmically along with the strong beat of the song. The song can be performed in a seated or standing position.

You can also place your child on your lap and gently bounce them to the beat of the song as you sing and perform the motions!

Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.



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Character Song Card

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Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.



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Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:

As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:

This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:

Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.





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More Magic Awaits!

Stay connected with us and discover the next moments of fun, creativity, and joy.

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Explore More Music Fun:

Watch the Videos

 [justtenminutes.org/category/music-mondays](https://www.justtenminutes.org/category/music-mondays)

Download Song Cards

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