



just 10 minutes

Song Card Notebook

www.justtenminutes.org

The Bear Went Over the Mountain



Learner Goals

I can create new animal verses for this simple song

LYRICS

The bear went over the mountain.

The bear went over the mountain.

The bear went over the mountain to see what he could see.



And all that he could see, and all that he could see

Was the other side of the mountain,

The other side of the mountain,

The other side of the mountain,

That's all that he could see!

ACTIVITY

Listening to and following directions is an essential early learning skill for your child, and a strong predictor of school success. Our song is the perfect opportunity to practice this skill in a fun way with their favorite play partner – YOU.

Play "follow the leader" as you march through your house or down the sidewalk as you sing about this walking bear. Older children can reverse direction on the "other side of the mountain" lyrics!



Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.



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Character Song Card

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Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.



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Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:

As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:

This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:

Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.





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More Magic Awaits!

Stay connected with us and discover the next moments of fun, creativity, and joy.

Connect With Us On Social Media:

 [just10minutesfamily](https://www.facebook.com/just10minutesfamily)

 [justtenminutesfamily](https://www.instagram.com/justtenminutesfamily)

Explore More Music Fun:

Watch the Videos

 justtenminutes.org/category/music-mondays

Download Song Cards

 justtenminutes.org/music-monday-song-cards