just 10 minutes

Song Card Notebook

www.justtenminutes.org

Top Notcher

Learner Goals

I can follow motor directions as I learn silly names for body parts.

Lyrics

1. My hands on my **head** what have we here?
   This is my **top notcher**, my mother dear.
   Top notcher, top notcher, diggy, diggy doo!
   That's what I learned in my school.

2. My hands on my **eyes** what have we here?
   These are my **eye blinkers**, my mother dear.
   Eye blinkers, top notcher, diggy, diggy doo!
   That's what I learned in my school.

3. My hands on my **nose**, what have I here?
   This is my **sniff boxer**, my mother dear.
   Sniff boxer, eye blinkers, top notcher, diggy, diggy doo!
   That's what I learned in my school.

Activity

Help your child follow the motor directions as they sing silly names for body parts. Extend the fun by using the same silly names during conversation with your child during the day. For instance, "You are really using your **top notcher** to complete your puzzle." Add verses for **chest patter** and **toe tapper**!

Our music videos provide an opportunity for YOU to learn a new song so that you can sing it face-to-face with your child. Your child likes your voice best, so share your voice as you enjoy this song together.

Character Song Card

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Our character song cards are a fun and beneficial way to bring music and connection into your family's routine. They empower your child to choose songs for you to sing together, making music a collaborative and joyful experience.

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Making Your Cards Last:

To get started, simply print the cards, trim them, and cover them with packing tape to make them durable for little hands. Storing them in a small bag makes it easy to bring your "Bag of Songs" along in the car, your purse, or a diaper bag.

How They Benefit Your Child:

Boosts Early Literacy:
As your child chooses a card, they begin to connect a picture with a specific song. This is a foundational step in understanding that pictures have meaning, which is a crucial early literacy skill.

Fosters Predictability & Security:
This simple, shared routine of choosing and singing songs offers your child the predictability, structure, and connection they crave. These experiences help to soothe and regulate their feelings, making them feel safe and understood.

Provides a Great Diversion:
Your "Bag of Songs" is a perfect, on-the-go tool to help with tricky moments like car rides or waiting at the doctor's office.

More Magic Awaits!

Stay connected with us and discover the next moments of fun, creativity, and joy.

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- justtenminutes.org/category/music-mondays

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- justtenminutes.org/music-monday-song-cards